

19/11/78

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6		Stage 7		Stage 8	
1 Edinburgh Southern H	27:24	5	56:27	1	01:18:51	1	01:48:14	1	02:17:13	1	02:50:59	1	03:17:34	1	03:48:42	1
	M Craven	27:24	I Elliott	29:03	C Hume	22:24	J Robson	29:23	C Youngson	28:59	A Hutton	33:46	A Robertson	26:35	I Orton	31:08
2 Victoria Park AAC	27:03	1	57:39	4	01:19:44	2	01:50:25	2	02:19:31	2	02:54:40	2	03:21:49	2	03:51:35	2
	A Douglas	27:03	D McMeekin	30:36	A Smith	22:05	A Johnstone	30:41	D Austin	29:06	L Reilly	35:09	R Blair	27:09	S Meredith	29:46
3 Shettleston H	28:23	11	57:41	5	01:20:10	5	01:50:32	3	02:22:41	7	02:56:00	5	03:22:22	3	03:52:29	3
	J Burns	28:23	L Spence	29:18	D Lothian	22:29	A Marshall	30:22	H Summerhill	32:09	N Muir	33:19	S Easton	26:22	J Evans	30:07
4 Edinburgh AC	27:35	7	57:58	8	01:21:00	9	01:52:39	7	02:21:35	6	02:56:06	6	03:23:07	5	03:53:07	4
	N Jones	27:35	D Hunter	30:23	C Keir	23:02	R Knowles	31:39	D Watson	28:56	D Gunstone	34:31	R Morris	27:01	E Fisher	30:00
5 Falkirk Victoria H	29:21	20	58:43	11	01:20:54	7	01:51:14	6	02:20:50	3	02:55:23	3	03:22:31	4	03:53:08	5
	R Adams	29:21	J Dingwall	29:22	I Brown	22:11	J Garva	30:20	R Adams	29:36	W Day	34:33	D Gibson	27:08	M Logue	30:37
6 Cambuslang H	27:13	4	57:25	3	01:19:57	4	01:50:55	4	02:21:11	4	02:55:47	4	03:23:11	6	03:54:07	6
	C Donnelly	27:13	R Stone	30:12	G Cooper	22:32	S Rimmer	30:58	A Wood	30:16	G Rimmer	34:36	R Anderson	27:24	P Preston	30:56
7 SKJALG Norway	28:51	17	58:57	12	01:21:39	10	01:53:42	10	02:23:15	8	02:57:47	7	03:26:09	7	03:57:13	7
	D Havrevoll	28:51	B Sleire	30:06	L Tjelte	22:42	D Kivrnenes	32:03	A Pollestad	29:33	H Knudsen	34:32	A Novland	28:22	S Snekkvik	31:04
8 Fife AC	28:08	8	57:47	7	01:19:57	3	01:51:00	5	02:21:24	5	02:58:09	8	03:27:08	8	03:58:31	8
	I Duncan	28:08	D Macgregor	29:39	A McIntosh	22:10	P Hay	31:03	M Curtis	30:24	I Graves	36:45	J Ness	28:59	R Maughan	31:23
9 Clyde Valley AC	28:31	12	56:58	2	01:20:57	8	01:53:15	8	02:25:00	9	03:01:17	10	03:31:48	11	04:00:20	9
	F Stewart	28:31	J Brown	28:27	G Paterson	23:59	E Devlin	32:18	W Marshall	31:45	J Small	36:17	T Callaghan	30:31	B McSloy	28:32
10 Spango Valley AC	28:36	15	58:21	10	01:23:37	14	01:55:09	12	02:25:16	10	03:00:11	9	03:30:16	9	04:00:44	10
	H Cox	28:36	G Clark	29:45	A Galbraith	25:16	T Dobbin	31:32	G Trainer	30:07	C Spence	34:55	C Leek	30:05	M Coyle	30:28
11 Edinburgh University	28:39	16	59:02	14	01:22:34	12	01:55:28	13	02:27:18	14	03:02:34	12	03:30:37	10	04:01:52	11
	P Sigmond	28:39	S Gibson	30:23	B Hay	23:32	D Bryson	32:54	R Nelson	31:50	R Thomas	35:16	C White	28:03	J Robertson	31:15
12 East Kilbride AAC	28:33	14	58:58	13	01:23:21	13	01:57:19	15	02:29:32	18	03:04:07	14	03:33:08	14	04:02:54	12
	H Wilson	28:33	R McKim	30:25	G Colvin	24:23	R Ronald	33:58	J Little	32:13	I Campbell	34:35	I Archibald	29:01	A Neal	29:46
13 Bellahouston H	28:17	9	01:00:31	18	01:23:39	15	01:56:00	14	02:26:35	13	03:03:15	13	03:32:10	12	04:03:04	13
	C Joss	28:17	R Marshall	32:14	A Daly	23:08	R McCrone	32:21	J Walker	30:35	M Black	36:40	N Scott	28:55	J Russell	30:54
14 Ayrshire AC	29:06	18	59:26	15	01:22:20	11	01:54:52	11	02:25:52	11	03:02:14	11	03:33:07	13	04:05:36	14
	J Boyd	29:06	J Golder	30:20	C Martin	22:54	G Grant	32:32	B Young	31:00	I Kerr	36:22	N Pakey	30:53	R Turley	32:29
15 Forres H	27:09	3	58:00	9	01:25:14	18	01:58:23	17	02:29:21	17	03:05:55	16	03:34:44	15	04:05:59	15
	G Milne	27:09	I McKenzie	30:51	W Elliott	27:14	W Tonner	33:09	J Henderson	30:58	D Ritchie	36:34	D McLean	28:49	I Johnston	31:15
16 Clydesdale H	29:12	19	01:00:46	19	01:24:59	17	01:58:38	18	02:29:16	15	03:05:29	15	03:34:44	16	04:06:21	16
	R McWatt	29:12	D Gemmell	31:34	I Leggatt	24:13	D McDonald	33:39	G Carlin	30:38	P Dolan	36:13	S Darling	29:15	B McAusland	31:37
17 Law & District AC	27:25	6	57:43	6	01:20:33	6	01:53:42	9	02:26:20	12	03:05:59	17	03:35:57	18	04:08:46	17
	A Miller	27:25	J Myatt	30:18	J Thomson	22:50	W Dickson	33:09	D Fairweather	32:38	J Rowley	39:39	R Benyon	29:58	W Drysdale	32:49
18 Springburn H	28:31	13	59:28	16	01:23:57	16	01:57:46	16	02:29:19	16	03:06:48	18	03:35:43	17	04:08:13	18
	A MacFarlane	28:31	T Paterson	30:57	J Andrews	24:29	J Bremner	33:49	I Stark	31:33	A McIndoe	37:29	D McNair	28:55	J Martin	32:30
19 Westerlands AC	30:40	21	01:03:15	21	01:28:39	21	02:03:00	20	02:35:01	20	03:08:36	19	03:39:04	19	04:10:54	19
	D MacKay	30:40	W Reid	32:35	G Hamilton	25:24	A Brown	34:21	J Kelly	32:01	W Sheridan	33:35	S Crawford	30:28	A Hunter	31:50
20 Glasgow University	27:04	2	01:00:19	17	01:25:31	19	02:00:39	19	02:32:32	19	03:09:06	20	03:40:31	20	04:12:00	20
	T Clyne	27:04	W McColl	33:15	D Stoddart	25:12	C Bradley	35:08	J Logue	31:53	R Kemp	36:34	D Gibsy	31:25	R Murray	31:29
21 Dumbarton AAC	28:22	10	01:01:48	20	01:26:40	20	02:03:27	21	02:35:48	21	03:13:38	21	03:44:55	21	04:16:29	21
	D Kirk	28:22	W Cairns	33:26	H Martin	24:52	A Prior	36:47	I McWatt	32:21	G Martin	37:50	I Halliday	31:17	A Adams	31:34
Stage Records																